

Assessment and intervention for young men who sexually abuse

- A comprehensive training programme devised specifically for YOT workers
- Covers all stages of the work from the point of sentence to the completion of a programme of intervention, including working with the family and establishing positive life goals for the future

Based on current research and the YJB's Key Elements of Effective Practice, the programme equips practitioners with the framework, tools, skills and confidence to:

- Construct a clear and precise assessment of the intervention needs of a young person who has sexually abused
- Plan and deliver a comprehensive, individualised intervention package
- Evaluate the progress made by the young person and review and modify intervention strategies accordingly

Manuals

The programme centres on two comprehensive manuals which include a thorough assessment structure, intervention planning and sessions and techniques. The programme has been road tested by practitioners from over 20 YOTs already. Experiences from the field are continually feedback into programme and manual updates

Training

- Post-sentence Assessment and Pre-Intervention – 2 days
- Intervention – 2 days
- Review – 1 day

The training is structured to ensure that practitioners develop confidence and

that learning is transferred in to the field. The 3 modules are scheduled so that practitioners have a chance to practice using the programme before the next module. The review day gives practitioners the chance to reinforce the original learning, to explore difficulties they have experienced, share successes and be updated with developments in the field and to the programme

The training focuses on the theory and tools in the manuals, and how to deliver them in practice. It also explores issues such as working with a sexual focus, and the impact on practitioners and the young person. It encourages practitioners to build on their existing skill base, as well as identify new ways of working, and to develop ideas based on their own and local team resources. This programme has been designed to fit within the framework of the YJB's Key Indicators of Quality for Working with Young People who Sexually Abuse and can act as a progression from the Inset training. It enables teams to work within Effective Practice guidelines and can offer a substantial saving over buying in specialist services

We can also offer on-going clinical supervision

The trainer

Pete Thomason is a Consultant Therapist and trainer specialising in work with adolescent males who sexually abuse. He has 13 years experience in the field including Head of Therapy at SWAAY and Principal Therapist at the Lucy Faithfull Foundation. Pete's first book on the subject was published in November 2000. Drawing on his broad experience of Social Work practice in a variety

of settings, Pete has run training events in Europe, Scandinavia and throughout Britain

Backstop provides people and training to youth justice organisations.

For more information about this programme or other training that we offer please visit our website www.backstop.org.uk and follow the training links. Alternatively contact Andrew on 0844 4993398 or email andrew@backstop.org.uk